



A D V A N C E D
LASER THERAPY
CLINICS

Stress Relief: **Stop Stress Today...**

Advanced Laser Therapy Clinics'... **Stop Stress Today...** programme is a multi-faceted, holistic **Drug Free** therapy specifically designed to...

Immediately Reduce physical, psychological & emotional stress without drugs.

Support the Body with vital nutrients to enhance overall physical and psychological well-being, aid physical recovery, relieve fatigue, enhance energy levels and provide the crucial resources necessary to sustain positive on-going change.

Facilitate Lifestyle Change/s for enhanced overall physical and psychological well-being with effective and achievable self-management strategies for lasting long term stress relief and on going management.

Advanced Laser Therapy Programmes combine the latest laser technologies with vital nutrient support strategies and highly effective counselling techniques to provide the safest, easiest and most effective stress relief programme. One 3 hour treatment is all that is required to... **Stop Stress Today...** and provide the tools to help you stay in control of the effects of stress into the future.

Low Level Laser Therapy (LLLT) stimulates the brain's release of endogenous neurochemicals, our naturally occurring opioids (endorphins) which provide the brain with pleasure and the opportunity to stabilise and restart the natural, normal release of endorphins in an easy and consistent manner. The immediate effects of laser therapy are supported with vital nutrients to provide the body with the crucial resources needed to recover, lift and maintain energy levels and maintain enhanced physical, psychological and emotional well-being now and into the future.

Solution Oriented Behavior Modification strategies provided during and post treatment overcome insomnia and other residual psychological attachments to negative behaviors and provide easy-to-use tools for the ongoing effective self-management of stress. It's safe, easy and very effective!

Important Client Phone Support is provided on an individual basis over 12 months.

Treatment Cost is \$995 includes vital nutrients, GST & 12 months telephone support. A deposit of \$200 is required when confirming your booking leaving a balance of \$795. We accept Cash, Visa, MasterCard, **BarterCard** & Eftpos. Our Clinic is located at...

537 Mulgrave Road, Earlville Cairns, FNQLD (Next door to RACQ & NAB)

For further information or to book your appointment, call...

4054 6111

www.altclinics.com.au

Sincerely, **Christopher R. Hall** Clinical Director – ALTCA Australia