



A D V A N C E D

LASER THERAPY

CLINICS

Insomnia Relief: ***Stop Insomnia Today...***

Advanced Laser Therapy Clinics'... *Stop Insomnia Today...* Programme is a multi-faceted, holistic ***Drug Free*** therapy specifically designed to...

Immediately Relieve Physical and Psychological Stress levels without the use of drugs.

Support the Body with vital nutrients to enhance overall physical and psychological well-being, assist recovery of the central and peripheral nervous systems (includes the brain) and relieve night time mental overactivity and fatigue.

Facilitate Lifestyle Change/s for enhanced overall physical and psychological well-being with effective self-management strategies to help calm the mind and reduce, and manage internal dialogue for lasting long term benefit.

Advanced Laser Therapy Treatments combine the latest laser technologies with vital nutrient support strategies and highly effective counselling techniques to provide the safest, easiest and most effective insomnia relief programme. One 3 hour treatment is all that is required to... ***Stop Insomnia Today...*** and provide the tools to help you stay comfortably in control into the future.

Our Low Level Laser Therapy (LLLT) stimulates the brain's release of endogenous neuro-chemicals, our naturally occurring opioids (feel good chemicals or endorphins) to provide the brain with the opportunity to stabilise and restart the natural release of endorphins in an easy and consistent manner. The calming and relaxing effects of laser are supported with vital nutrients to provide the body with crucial resources needed to lift and maintain energy levels, and sustain enhanced physical and psychological well-being.

Solution Oriented behavior modification techniques during and post treatment help overcome residual psychological attachments to negative or habitual behaviors & provide easy-to-use tools for long term self-management. It is easy, safe and very effective!

Important Client Phone Support is provided on an individual basis over 12 months.

Treatment Cost is **\$1295** includes vital nutrients, GST and 12 months telephone support. A deposit of **\$500** is required when confirming your booking leaving a balance of **\$795**. We accept Cash, Visa, MasterCard, **BarterCard** & Eftpos. Our Clinic is located at...

537 Mulgrave Road, Earlville Cairns, FNQLD (Next door to RACQ & NAB)

For further information or to book your appointment, please call...

4054 6111

www.altclinics.com.au

Sincerely,

Christopher R. Hall Clinical Director – ALTC Australia