



A D V A N C E D

L A S E R T H E R A P Y

C L I N I C S

## Nicotine Addiction: **Stop Smoking Today...**

Addiction to the psycho-active narcotic nicotine is now recognised by health professionals as being as addictive as heroin. The psychological dependency and the habitual rituals associated with smoking can be even more challenging due to the availability and affordability of cigarettes and tobacco. Most stop smoking programmes have little impact on the psychological aspects of nicotine addiction. Most programmes are fear based or incorporate addictive nicotine gums, patches or inhalers. They assume the addiction can be treated with nicotine substitution or other harmful and undesirable drugs! These treatment approaches do not acknowledge the psychoactive nature of nicotine; they do not directly address the psychological dependency on the drug and fail to deliver effective resources necessary to facilitate change and sustain long term smoking cessation.

**Advanced Laser Therapy Clinics'... Stop Smoking Today...** Programme is a multiple faceted, holistic **Drug Free** therapy specifically designed to...

**Relieve the Physical Dependency** on the narcotic Nicotine without the use of drugs.

**Detoxify the Body** of nicotine and toxic chemicals to eliminate cravings, enhance well-being, assist the body repair physical damage and sustain physical and psychological change.

**Facilitate Change to Nicotine/Smoke Free** with effective psychological treatment targeting the addiction of nicotine (drug) and the associated habitual rituals of smoking.

**Advanced Laser Therapy Programmes** combine the latest laser technologies with natural nutrient detox methods and highly effective addiction counselling techniques to provide the safest, easiest and most effective stop smoking programme. One 2.25 hour treatment is all that's required to **Stop Smoking Today**, eliminate cravings and provide the tools to help you stay stopped into the future.

**Low Level Laser Therapy (LLLT)** stimulates the brain's natural release of endogenous neuro-chemicals, our feel good chemicals (endorphins) to assist in overcoming substance cravings and eliminate the physical symptoms of withdrawal. This is supported with vital nutrients to provide the body with crucial help needed to evacuate nicotine and toxic chemicals quickly and comfortably. Solution Oriented behaviour modification therapies during and post treatment overcome residual psychological attachments to the addiction and help facilitate long term smoking cessation. **It is safe, easy and very effective!**

**Treatment Cost** is **\$795** including vital nutrients, GST & 12 months telephone support. A deposit of **\$200** is required when confirming your booking leaving a balance of **\$595**. We accept Cash, Visa, MasterCard, Eftpos & **BarterCard**. Our Clinic is located at...

**537 Mulgrave Road, Earlville Cairns, FNQLD** (Next door to **RACQ & NAB**)

For further information or to book your appointment, please call...

**4054 6111**

[www.altclinics.com.au](http://www.altclinics.com.au)

Sincerely, **Christopher R. Hall** Clinical Director – ALTC Australia